# Five areas of development measured by the EDI



#### Physical health and well-being

- fine and gross motor skills (e.g. can hold a pen, crayons or brush, able to climb stairs)
- independence in looking after own needs (e.g. able to go to the washroom independently most of the time)
- physically prepared for school (e.g. dressed appropriately, well nourished and rested)
- able to sustain energy levels throughout the school day



#### Social competence

- plays and gets along with other children
- able to follow rules and instructions
- able to follow routines
- accepts responsibility for actions
- shows respect for others



### **Emotional maturity**

- able to deal with feelings at an age-appropriate level
- able to separate from parent/guardian
- not too fearful, not too impulsive
- able to focus



# Language and thinking skills<sup>3</sup>

These relate to early academic skills, including:

- an interest in reading, writing and language-related activities
- age-appropriate reading, writing and counting skills
- recognition of shapes, sizes and colours
- can easily remember things



## Communication skills and general knowledge

These relate to general communications skills and knowledge, including:

- ability to communicate needs and wants in socially appropriate ways
- ability to tell stories
- can say words clearly
- age-appropriate knowledge about life and the world
- ability to take part in imaginative play